



**County of Los Angeles
DEPARTMENT OF CHILDREN AND FAMILY SERVICES**

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September 5, 2014

To: Audit Committee

From: *FOR* Philip L. Browning
Director

**REVIEW OF BOARD POLICY NO. 3.116 (LOS ANGELES COUNTY CHILD WELLNESS
POLICY)**

The Department of Children and Family Services (DCFS) reviewed Board Policy No. 3.116 which is scheduled for a sunset review date of November 30, 2014. DCFS does not have any additional input or recommended changes to the policy.

If you have any questions, your staff may contact me or Aldo Marin, Board Relations Manager, at (213) 351-5530.

PLB:CMM

EM:KR:kr



Los Angeles County **BOARD OF SUPERVISORS POLICY MANUAL**

Policy #:	Title:	Effective Date:
3.116	Los Angeles County Child Wellness Policy	12/01/09

PURPOSE

The purpose of this policy is to provide a mechanism for enhancing the provision of current nutrition and physical activity information to parents, caregivers and staff; ensure that nutritional and physical activity guidelines for children both in out-of-home care and in child care settings are promoted and adhered to; and provide opportunities for public education and training.

REFERENCE

Department of Public Health; Los Angeles County Office of Education Wellness Policy and Regulations; First 5 LA Preventing Childhood Overweight Study (WIC); Best Start LA Baby-Friendly Hospital Project; Best Start LA - Welcome, Baby! Program; Centers for Disease and Control and Prevention Nutritional Guidelines; American Academy of Pediatrics; Nutritional and Physical Activity Guidelines for licensed Child Care Providers; and Title 15 Article 9. Food Section 1461 Minimum Diet.

December 1, 2009 Board Letter approved, [Board Order No. 15](#)

POLICY

The Los Angeles County Board of Supervisors (Board) recognizes the important contributions nutrition and physical activity make toward a child's ability to grow up healthy and thrive as an adult. The Board is committed to providing children, including those in out-of-home care, with knowledge, information, and an environment that fosters appropriate nutritional choices and participation in appropriate physical activity.

All County Departments shall have access to current age-appropriate nutrition and physical activity information available for parents, caregivers and staff on departmental internet websites. Those departments that interact directly with parents and caregivers shall ensure that age-appropriate nutrition and physical activity information are included in all training and program curriculum.

All County child care, group home and foster family agency contracts and other contracts, services or programs provided to children shall include language to ensure that all Departments, contractors, caregivers and community partners use the most current age-appropriate nutritional and physical activity guidelines recommendation by the Centers for Disease Control and Prevention (noting special needs for pregnant and breastfeeding women) and the American Academy of Pediatrics, and shall include contract monitoring processes to ensure compliance with these guidelines.

All County Departments that provide residential services for school-aged children and serve meals during the school day shall follow the California Education Code governing nutritional standards for foods and beverages available to students: Education Code [49430, 49431, and 49431.2](#), as added by [SB12 \(Ch. 235, Statutes of 2005\)](#), and [49565-49565.8](#), as added by [SB281 \(Ch. 236, Statutes of 2005\)](#).

Information regarding the importance of breastfeeding and use of breast milk for infants shall be made available through County health clinics and hospitals, prenatal and pediatric services. Breastfeeding and/or the use of breast milk shall be accommodated in contracted early care and education (child care) settings as well as parole, probation and foster care settings.

RESPONSIBLE DEPARTMENT

Chief Executive Office

Department of Public Health

Department of Children and Family Services

Department of Health Services

Department of Mental Health

Department of Parks and Recreation

Probation Department

DATE ISSUED/SUNSET DATE

Issue Date: December 1, 2009

Sunset Date: November 30, 2014